

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No				Date		
5.	Awareness Programme on ‘Say No to Drug’	NSS Unit, BKGC, Howrah	Outreach Program	26.6.2024	24	To aware the people about the ill-effects of drugs and alcohol.
6.	Tree Plantation Programme	NSS Unit, BKGC, Howrah	Extension Activity	28.6.2024	35	To promote the idea of planting trees and their importance
7.	Dengue Awareness Programme	NSS Unit in collaboration with Howrah Harijon Society	Outreach program	12.7.2024	20	To educate the community about dengue prevention, promote cleanliness to eliminate mosquito breeding sites, encourage early detection and treatment, and spread awareness on symptoms, transmission, and control measures.
8.	Celebration of World Youth Skills Day	NSS U nit of BKGC & DIC, Howrah	Outreach program	15.7.2024	12	To highlight the importance of equipping young people with skills for employment, entrepreneurship, and sustainable development. It aims to promote technical and vocational education, bridge the skill gap, and empower youth to contribute meaningfully to the economy and society in a changing world.

E-mail : bkgc_howrah@yahoo.com

Phone : 2641-2341
2641-4877

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

	Ref. No.					Date
9.	Celebration of World Hepatitis Day	NSS Unit, BKGc, Howrah	Extension Activity	31.7.2024	73	To raise global awareness about hepatitis, its prevention, diagnosis, and treatment. It aims to encourage testing, promote vaccination, reduce stigma, and support affected individuals. The day emphasizes collective action to eliminate hepatitis as a public health threat and achieve better health outcomes worldwide.
10.	Independence Day Celebration & Community Service	NSS Unit, BKGc, Howrah	Outreach Programme	15.8.2024	45	- To pay homage to the martyrs who sacrificed their life for our motherland. - To show our solidarity towards the nation - To provide community service by providing clothing and food packets
11.	Swachhta Programme	NSS Unit, BKGc, Howrah	Extension Activity	22.8.2024	15	- To clean up the class rooms, library, college campus. - To encourage hygienic sanitation practice. - To achieve a clean and open defecation free campus.
12.	Awareness Programme on ‘Say No to Plastic’	NSS Unit, BKGc, Howrah	Extension Activity	29.8.2024	10	- To spread awareness about the hazards of plastic. - To impart knowledge about the reduction and re-use of plastic. - To understand the use of alternatives of plastic. - To contribute towards preserving the environment and reduction of plastic pollution.

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No						Date
13.	Observation of ‘World Water Week’	NSS Unit, BKGc, Howrah	Extension Activity	28.8.2024 – 03.9.2024	15	To highlight the theme ‘Seeing the Unseen: The Value of Water’, and build on a global need to not only see, but to understand, and – more importantly – value water.
14.	Observation of National Nutrition Week	NSS Unit, BKGc, Howrah	Outreach Program	01.9.2024 – 7.9.2024	20	To spread awareness about the importance of balanced nutrition, healthy eating habits, and lifestyle choices. It aims to educate people on preventing malnutrition, promoting dietary diversity, and improving overall health. The week encourages community participation in achieving national nutrition and wellness goals.
15.	Orientation Programme	NSS Unit, BKGc, Howrah	Extension Activity	02.9.2024	35	To introduce them to the aims, objectives, and activities of the National Service Scheme. It aims to build awareness about social responsibility, develop leadership and teamwork skills, and motivate volunteers to actively participate in community service and nation-building initiatives.
16.	Celebration of NSS day	NSS Unit, BKGc, Howrah	Extension Activity	25.9.2024	87	To understand the aim of sustainable development is to balance our economic, environmental and social needs, allowing prosperity for present and future generations.

5/3, MAHATMA GANDHI ROAD, HOWRAH - 711 101.

	Ref. No					Date
17.	Mental Health Awareness Programme	NSS Unit, BKGC, Howrah	Extension Activity	25.9.2024	87	To educate individuals about mental health, reduce stigma, and promote emotional well-being. It aims to encourage open discussions, early identification of mental health issues, and access to professional help. The programme fosters a supportive environment for mental resilience and holistic health.
18.	Water Conservation Programme	NSS Unit, BKGC, Howrah	Extension Activity	30.9.2024	152	To raise awareness about the importance of saving water and promote sustainable usage practices. It aims to educate communities on methods to prevent water wastage, encourage rainwater harvesting, and protect water resources for future generations, ensuring environmental sustainability and water security.
19.	Week Long Dengue Awareness Programme	NSS Unit, BKGC, Howrah and Panchpara Gram Panchayat	Outreach Program	14.10.24 – 20.10.24	25	to educate the public about dengue prevention, symptoms, and treatment. It aims to promote cleanliness, eliminate mosquito breeding sites, and encourage community participation. The programme focuses on sustained awareness, early detection, and collective action to

E-mail : bkgc_howrah@yahoo.com

Phone : 2641-2341
2641-4877

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No	Date																						
	reduce the spread of dengue effectively.																						
20.	<table><tr><td>Tree Plantation Programme</td><td>NSS Unit, BKGc, Howrah</td><td>Outreach Program</td><td>21.10.24 – 26.10.24</td><td>35</td><td> - to promote environmental sustainability by increasing green cover and combating climate change. It aims to raise awareness about the importance of trees in preserving biodiversity, improving air quality, and conserving soil. The programme encourages community participation in creating a healthier, greener ecosystem. </td></tr><tr><td>21.</td><td><table><tr><td>Observation of National Cancer Awareness Day</td><td>NSS Unit, BKGc, Howrah</td><td>Outreach Program</td><td>07.11.24</td><td>12</td><td> - to spread awareness about cancer prevention, early detection, and treatment. It aims to educate people on risk factors, promote regular screenings, and encourage healthy lifestyle choices. The day fosters public engagement in reducing cancer-related stigma and supporting those affected by the disease. </td></tr><tr><td>22.</td><td><table><tr><td>Swachhta Programme – Regular Activity</td><td>NSS Unit, BKGc, Howrah</td><td>Extension Activity</td><td>20.11.24</td><td>25</td><td> - To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets. </td></tr></table></td></tr></table></td></tr></table>	Tree Plantation Programme	NSS Unit, BKGc, Howrah	Outreach Program	21.10.24 – 26.10.24	35	to promote environmental sustainability by increasing green cover and combating climate change. It aims to raise awareness about the importance of trees in preserving biodiversity, improving air quality, and conserving soil. The programme encourages community participation in creating a healthier, greener ecosystem.	21.	<table><tr><td>Observation of National Cancer Awareness Day</td><td>NSS Unit, BKGc, Howrah</td><td>Outreach Program</td><td>07.11.24</td><td>12</td><td> - to spread awareness about cancer prevention, early detection, and treatment. It aims to educate people on risk factors, promote regular screenings, and encourage healthy lifestyle choices. The day fosters public engagement in reducing cancer-related stigma and supporting those affected by the disease. </td></tr><tr><td>22.</td><td><table><tr><td>Swachhta Programme – Regular Activity</td><td>NSS Unit, BKGc, Howrah</td><td>Extension Activity</td><td>20.11.24</td><td>25</td><td> - To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets. </td></tr></table></td></tr></table>	Observation of National Cancer Awareness Day	NSS Unit, BKGc, Howrah	Outreach Program	07.11.24	12	to spread awareness about cancer prevention, early detection, and treatment. It aims to educate people on risk factors, promote regular screenings, and encourage healthy lifestyle choices. The day fosters public engagement in reducing cancer-related stigma and supporting those affected by the disease.	22.	<table><tr><td>Swachhta Programme – Regular Activity</td><td>NSS Unit, BKGc, Howrah</td><td>Extension Activity</td><td>20.11.24</td><td>25</td><td> - To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets. </td></tr></table>	Swachhta Programme – Regular Activity	NSS Unit, BKGc, Howrah	Extension Activity	20.11.24	25	- To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets.
Tree Plantation Programme	NSS Unit, BKGc, Howrah	Outreach Program	21.10.24 – 26.10.24	35	to promote environmental sustainability by increasing green cover and combating climate change. It aims to raise awareness about the importance of trees in preserving biodiversity, improving air quality, and conserving soil. The programme encourages community participation in creating a healthier, greener ecosystem.																		
21.	<table><tr><td>Observation of National Cancer Awareness Day</td><td>NSS Unit, BKGc, Howrah</td><td>Outreach Program</td><td>07.11.24</td><td>12</td><td> - to spread awareness about cancer prevention, early detection, and treatment. It aims to educate people on risk factors, promote regular screenings, and encourage healthy lifestyle choices. The day fosters public engagement in reducing cancer-related stigma and supporting those affected by the disease. </td></tr><tr><td>22.</td><td><table><tr><td>Swachhta Programme – Regular Activity</td><td>NSS Unit, BKGc, Howrah</td><td>Extension Activity</td><td>20.11.24</td><td>25</td><td> - To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets. </td></tr></table></td></tr></table>	Observation of National Cancer Awareness Day	NSS Unit, BKGc, Howrah	Outreach Program	07.11.24	12	to spread awareness about cancer prevention, early detection, and treatment. It aims to educate people on risk factors, promote regular screenings, and encourage healthy lifestyle choices. The day fosters public engagement in reducing cancer-related stigma and supporting those affected by the disease.	22.	<table><tr><td>Swachhta Programme – Regular Activity</td><td>NSS Unit, BKGc, Howrah</td><td>Extension Activity</td><td>20.11.24</td><td>25</td><td> - To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets. </td></tr></table>	Swachhta Programme – Regular Activity	NSS Unit, BKGc, Howrah	Extension Activity	20.11.24	25	- To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets.								
Observation of National Cancer Awareness Day	NSS Unit, BKGc, Howrah	Outreach Program	07.11.24	12	to spread awareness about cancer prevention, early detection, and treatment. It aims to educate people on risk factors, promote regular screenings, and encourage healthy lifestyle choices. The day fosters public engagement in reducing cancer-related stigma and supporting those affected by the disease.																		
22.	<table><tr><td>Swachhta Programme – Regular Activity</td><td>NSS Unit, BKGc, Howrah</td><td>Extension Activity</td><td>20.11.24</td><td>25</td><td> - To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets. </td></tr></table>	Swachhta Programme – Regular Activity	NSS Unit, BKGc, Howrah	Extension Activity	20.11.24	25	- To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets.																
Swachhta Programme – Regular Activity	NSS Unit, BKGc, Howrah	Extension Activity	20.11.24	25	- To clean up the class rooms, Library, garden & outside college in regular basis. - To achieve an open-defecation free College campus. - To spread awareness for cleaning college toilets.																		

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No						Date
						To encourage hygienic sanitation practice.
23.	Celebration of Constitution Day of India	NSS Unit, BKGC, Howrah	Extension Activity	27.11.24	168	- To commemorate the adoption of the Constitution of India. - To share and publicize the glorious and rich composite culture and diversity of our nation. - To create awareness of Fundamental Duties as enshrined in the Indian Constitution.
24.	Observation of ‘World AIDS DAY’	NSS Unit, BKGC, Howrah	Extension Activity	02.12.24	104	To raise awareness about HIV/AIDS and demonstrate international solidarity in the face of the pandemic.
25.	Celebration of ‘International Human Rights Day’	NSS Unit, BKGC, Howrah	Extension Activity	10.12.24	10	- To promote awareness about human rights among the students. - To empower youth to know their rights so that they claim their rights in the case of urgency and benefit globally.
26.	NSS Special Camp (Week Long)	NSS Unit, BKGC, Howrah in collaboration with Panchpara Gram Panchayat	Outreach Program	07.12.24-13.12.24	23	To promote community development through volunteer service. It aims to engage students in rural upliftment activities, spread awareness on health, hygiene, education, and environment, and foster leadership, teamwork, and social responsibility among volunteers through hands-on experience and meaningful interaction.

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No						Date
27.	Celebration of National Youth Day	NSS Unit, BKGc, Howrah, IQAC and Philosophy Department	Extension Activity	13.01.25	108	To make a better future of the country by motivating the youths and spreading the ideas of Swami Vivekananda.
28.	Celebration of Mahaparakram Diwas	NSS Unit, BKGc, Howrah & IQAC	Extension Activity	23.01.25	15	- To inspire people of the country, especially the youth, to act with fortitude in the face of adversity as Netaji did, and to infuse in them a spirit of patriotic favor. - To remember and honor Netaji's vigor as one of the greatest freedom fighters of India.
29.	Observation of National Voters Day	NSS Unit, BKGc, Howrah	Outreach Program	25.1.2025	25	To promote electoral participation, especially among young and first-time voters. It aims to raise awareness about the importance of voting in a democracy, encourage informed and ethical voting, and strengthen democratic values by fostering responsible citizenship and active involvement in the electoral process.
29.	Celebration of Republic Day	NSS Unit, BKGc, Howrah	Outreach Activity	26.01.25	30	To honor the adoption of the Indian Constitution and the nation's democratic values. It aims to instill patriotism, promote unity and integrity, and educate citizens about their rights and duties. The celebration also highlights India's cultural diversity, achievements, and commitment to constitutional principles.

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No						Date
30.	Awareness Rally on Road Safety	NSS Unit, BKGc, Howrah	Outreach Program	30.1.2025	50	to educate the public about traffic rules, responsible driving, and pedestrian safety. It aims to reduce road accidents by promoting safe road behavior, use of helmets and seatbelts, and discouraging drunk and rash driving. The rally encourages community participation in road safety initiatives.
31.	Tuberculosis Elimination Program	NSS Unit, BKGc, Howrah in collaboration with Panchpara Gram Panchayat	Outreach Program	04.2.2025	15	to raise awareness about TB prevention, early detection, and treatment. It aims to educate communities on symptoms, reduce stigma, and promote free and timely medical care. The program encourages public participation and supports government efforts to eliminate TB as a public health threat.
32.	Observation of World Cancer Day	NSS Unit, BKGc, Howrah	Outreach Program	04.2.2025	15	To raise global awareness about cancer prevention, detection, and treatment. It aims to reduce stigma, promote healthy lifestyle choices, and encourage regular screenings. The day fosters support for cancer patients and survivors while uniting

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No		Date				communities in the fight against cancer through collective action.
33.	Observation of International Mother Language Day	NSS Unit, BKGc, Howrah	Extension Activity	21.2.2025	12	to promote linguistic and cultural diversity, and encourage the preservation of mother languages. It aims to raise awareness about the importance of multilingual education, foster respect for all languages, and strengthen cultural identity, unity, and inclusion through the celebration of linguistic heritage.
34.	Swachhta Program	NSS Unit, BKGc, Howrah	Outreach Program	21.2.2025	15	to promote cleanliness, hygiene, and sanitation in communities. It aims to raise awareness about waste management, discourage open defecation, and encourage active public participation in maintaining a clean environment. The program supports the vision of a healthier, greener, and more sustainable India.

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No.	of	NSS Unit, BKGc, Howrah	Extension Activity	8.03.2025	35	Date
35.	Celebration Women’s Day					• To raise awareness about gender equality and promote women's empowerment. • To educate and create awareness about women's issues, rights, and challenges. • To foster a sense of community and solidarity among women.
36.	Community Engagement Programme & Prize Distribution	NSS Unit, BKGc, Howrah	Outreach Program	10.3.2025	25	• To foster active participation in social development initiatives and strengthen community bonds. It aims to encourage volunteerism, recognize contributions to community welfare, and motivate continued involvement through appreciation and rewards, thereby promoting a spirit of collaboration and social responsibility.
37.	Swachhta Programme – College & Manglahat Cleaning	NSS Unit, BKGc, Howrah	Extension Activity	19.03.25	15	• To clean the area of manglahat. • To create awareness among the people about the hygienic sanitation practice. • To achieve an open-defection free India.

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH

A NCTE and NAAC accredited (B⁺⁺) College

5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No						Date
38.	Observation of World Water Day	NSS Unit, BKGc, Howrah	Extension Activity	22.3.2025	25	To raise awareness about the importance of freshwater and advocate for sustainable water management. It aims to highlight global water issues, promote conservation practices, and encourage community action to ensure clean and accessible water for all, supporting environmental protection and long-term water security.
39.	Campus Bazar	NSS Unit, BKGc, Howrah	Outreach Programme	03.4.2025 & 04.4.2025	15	- To promote and support social entrepreneurship among students. - To encourage students to develop innovative business ideas that address social or environmental challenges and create sustainable solutions.
40.	Thalassemia Awareness Program	NSS Unit, BKGc, Howrah	Extension Activity	11.4.2025	116	To educate people about the causes, symptoms, and prevention of thalassemia. It aims to promote early diagnosis through screening, encourage genetic counseling, and reduce social stigma. The program also emphasizes the importance of voluntary blood donation and public support for affected

BIJOY KRISHNA GIRLS' COLLEGE, HOWRAH
A NCTE and NAAC accredited (B⁺⁺) College
5/3, MAHATMA GANDHI ROAD, HOWRAH – 711 101.

Ref. No		Date			
44.	Presentation of NSS Unit for Academic and Administrative Audit	NSS Unit, BKGc, Howrah and IQAC	Extension Activity	16.5.2025	05 To aware the assessment procedure of the quality of academic programs, teaching methods, and learning outcomes.
45.	Programme on Feminine Hygiene	NSS Unit, BKGc, Howrah	Extension Activity	29.5.2025	35 - To increase awareness among adolescent girls on Menstrual Hygiene. - To increase access to and use of high-quality sanitary napkins to adolescent girls in rural areas. - To ensure safe disposal of sanitary napkins in an environmentally friendly manner.
46.	Awareness Programme on World No Tobacco Day	NSS Unit, BKGc, Howrah	Outreach Activity	31.5.2025	15 - To raise awareness about the harmful effects of tobacco use on health, as well as the risks associated with exposure to second-hand smoke. - To educate individuals and communities about the dangers of tobacco consumption, including the risks of developing various diseases such as cancer, heart disease, respiratory illnesses, and other tobacco-related conditions.