



### Certificate Course on

“The Core Values Of Kathopanishad As Reflected In Indian Knowledge System”

Organised by

Department of Sanskrit and IQAC  
Bijoy Krishna Girls' College, Howrah

Duration : 20/02/2026-18/03/2026

Level: Beginner (UG)

Eligibility: 10+2 or equivalent

No Of Participants- 30

Medium- Blended Mode

#### Patron :

Dr. Ruma Bhattacharyya (Principal)

#### Keynote Speaker :

Prof. Dr. Taraknath Adhikari  
(Former Professor & Dean. RBU)

#### Course Objectives :

- To understand the philosophical teachings of the Kathopanishad
- To study the dialogue between Nachiketa and Yama
- To explore core Vedantic concepts: Atman, Brahman, Death, Liberation
- To interpret symbolic and ethical teachings
- To apply Upanishadic wisdom in modern life

#### Course Structure :

##### Module 1: Introduction to Upanishads (7 Hours)

- Meaning and significance of Upanishads
- Place of Kathopanishad in Krishna Yajurveda
- Historical and philosophical background
- Overview of major Upanishads
- Structure of Kathopanishad (2 Adhyayas, 6 Vallis)

##### Module 2: Story of Nachiketa (7 Hours) Background of Vajashravas

- Nachiketa's questions
- Encounter with Yama
- Three boons (Trivara)
- Symbolism of death and immortality

##### Module 3: Philosophy of the Self (Atman) (7 Hours)

- Nature of Atman
- Atman vs Body-Mind complex
- Concept of Shreya and Preya
- Immortality of the Self
- The chariot metaphor (Ratha Kalpana)

#### Important Mantras:

- "Na jayate mriyate va kadachit"
- "Uttishthata Jagrata"

##### Module 4: Brahman and Moksha (7 Hours)

- Nature of Brahman
- Path to liberation
- Yoga and self-realization
- Role of Guru
- Meditation techniques described in Kathopanishad

##### Module 5: Comparative & Applied Study (7 Hours)

- Kathopanishad and Bhagavad Gita comparison
- Relevance in modern psychology
- Concept of death in different philosophies
- Practical Vedanta in daily life

#### Texts for Study :

##### Primary Text:

- Kathopanishad (Sanskrit with translation)

##### Recommended Commentaries:

- Adi Shankaracharya Bhashya

- Swami Chinmayananda
- Swami Gambhirananda
- Dr. S. Radhakrishnan

#### Evaluation Pattern :

- Internal Assessment (10 Marks)
  - Assignments
  - Verse recitation
  - Presentation
- Final Examination (25 Marks)
  - Written exam (MCQ) Or
  - Short notes
  - Explanation of selected mantras

#### Learning Outcomes :

After completion, students will:

- Understand core Vedantic principles
- Interpret key verses independently
- Explain symbolism in Kathopanishad
- Relate teachings to personal development

#### Teaching Faculties :

##### External-

- Dr. Tapan Sankar Bhattacharyya (Former Professor, Dept. of Sanskrit, JU)
- Prof. Dr. Mau Dasgupta (HOD, Dept. of Sanskrit, CU)
- Dr. Somnath Das (Assistant Prof. Dept. of Sanskrit, Asutosh College)

##### Internal-

- Dr. Bharti Prasad (HOD)
- Dr. Baisakhi Ghosh
- Dr. Biswa Ranjan Goswami
- Dr. Santu Kumar Pan
- Dr. Geetanjali Upadhyaya
- Dr. Ajit Kumar Acharya

Contact Person – Dr. Bharti Prasad (HOD)

Contact No- 9433224068